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Chronic non-Bacterial Osteomyelitis/Osteitis (or CRMO)

Version of 2016

3. EVERYDAY LIFE

3.1 How might the disease affect the child and the family's daily life?

The child and the family experience joint and bone problems often over months before the disease is diagnosed. Admission to a hospital for further investigations before starting on treatment is usually recommended. Regular visits to an outpatient clinic for follow-up after the diagnosis are also recommended.

3.2 What about school? What about sports?

There may be limitations for sport activities, especially after biopsy or if arthritis is present. Usually, there is no need to limit overall physical activity afterwards.

3.3 What about diet?

There is no specific diet.

3.4 Can climate influence the course of the disease?

No, it cannot.

3.5 Can the child be vaccinated?

The child can be vaccinated, except with live vaccines when under treatment with corticosteroids, methotrexate or TNF-α inhibitors.

3.6 What about sexual life, pregnancy, birth control?

Patients with CNO do not have fertility problems. In the event that the pelvic bones are affected, there may be discomfort in sexual activities. The need for medication must be re-evaluated before considering pregnancy and during pregnancy.